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### For Department of State Use Only

Sequence Number: 03-08 -

03-08-12

Notice ID(s):

03/09/2012

# **Notice of Rulemaking Hearing**

Hearings will be conducted in the manner prescribed by the Uniform Administrative Procedures Act, Tennessee Code Annotated, Section 4-5-204. For questions and copies of the notice, contact the person listed below.

Agency/Board/Commission:	Department of Health
Division:	Bureau of Health Licensure and Regulation Division of Health Care Facilities
Contact Person:	Diona E. Layden, Assistant General Counsel
Address:	Plaza One, Suite 210, 220 Athens Way, Nashville, Tennessee 37243
Phone:	(615) 741-1611
Email:	Diona.Layden@tn.gov

Any Individuals with disabilities who wish to participate in these proceedings (to review these filings) and may require aid to facilitate such participation should contact the following at least 10 days prior to the hearing:

ADA Contact:	ADA Coordinator at the Division of Health Related Boards
Address:	227 French Landing, Heritage Place, Nashville, Tennessee 37243
	(615) 532-4397
Email:	A State of the sta

Hearing Location(s) (for additional locations, copy and paste table)

Address 1:	Iris Conference Room
Address 2:	227 French Landing, Heritage Place, Nashville, Tennessee 37243
City:	Nashville, Tennessee
Zip:	37243
Hearing Date:	May 2, 2012
Hearing Time:	9:00 a.mX_CST/CDT _ EST/EDT

### **Additional Hearing Information:**

### Revision Type (check all that apply):

X Amendment

X New

Repeal

Rule(s) (ALL chapters and rules contained in filing must be listed. If needed, copy and paste additional tables to accommodate more than one chapter. Please enter only ONE Rule Number/Rule Title per row.)

Chapter Number	Chapter Title
1200-08-01	Standards for Hospitals
Rule Number	Rule Title
1200-08-0115	Appendix I

Chapter Number	Chapter Title
1200-08-02	Standards for Prescribed Child Care Centers
Rule Number	Rule Title
1200-08-0214	Appendix

Chapter Number	Chapter Title
1200-08-06	Standards for Nursing Homes
Rule Number	Rule Title
1200-08-0616	Appendix I

Chapter Number	Chapter Title
1200-08-10	Standards for Ambulatory Surgical Treatment Centers
Rule Number	Rule Title
1200-08-1015	Appendix I

Chapter Number	Chapter Title
	Standards for Homes for the Aged
Rule Number	Rule Title
1200-08-1114	Appendix I

Chapter Number	Chapter Title
	Standards for Residential Hospices
Rule Number	Rule Title
1200-08-1515	Appendix I

Chapter Number	Chapter Title
1200-08-24	Standards for Birthing Centers
Rule Number	Rule Title
1200-08-2401	Definitions
1200-08-2414	Appendix I

Chapter Title
Standards for Assisted Care Living Facilities
Rule Title
Appendix

Chapter Number	Chapter Title
1200-08-26	Standards for Home Care Organizations Providing Home Health Services
Rule Number	Rule Title
1200-08-2615	Appendix I

Chapter Number	Chapter Title
1200-08-27	Standards for Home Care Organizations Providing Hospice Services
Rule Number	Rule Title
1200-08-2715	Appendix I

Chapter Number	Chapter Title
1200-08-28	Standards for HIV Supportive Living Facilities
Rule Number	Rule Title
1200-08-2815	Appendix I

Chapter Number	Chapter Title
1200-08-32	Standards for End Stage Renal Dialysis Clinics
Rule Number	Rule Title
1200-08-3215	Appendix I

Chapter Number	Chapter Title
1200-08-34	Standards for Home Care Organizations Providing Professional Support Services
Rule Number	Rule Title
1200-08-3415	Appendix I

Chapter Number	Chapter Title
1200-08-35	Standards for Outpatient Diagnostic Centers
Rule Number	Rule Title
1200-08-3515	Appendix I

Chapter Number	Chapter Title
1200-08-36	Standards for Adult Care Homes – Level II
Rule Number	Rule Title
1200-08-3618	Appendix I

(Place substance of rules and other info here. Statutory authority must be given for each rule change. For information on formatting rules go to <a href="http://state.tn.us/sos/rules/1360/1360.htm">http://state.tn.us/sos/rules/1360/1360.htm</a>)

### Amendments

Rules 1200-08-01-.15 Appendix I, 1200-08-02-.14 Appendix, 1200-08-6-.16 Appendix I, 1200-08-10-.15 Appendix I, 1200-08-11-.14 Appendix I, 1200-08-15-.15 Appendix I, 1200-08-24-.14 Appendix I, 1200-08-25-.17 Appendix, 1200-08-26-.15 Appendix I, 1200-08-27-.15 Appendix I, 1200-08-28-.15 Appendix I, 1200-08-32-.15 Appendix I, 1200-08-36-.18 Appendix I are amended by deleting the rules in their entirety and substituting the following forms, so that as amended, the new rules shall read as follows:

### Appendix I

(1) Physician Orders for Scope of Treatment (POST) Form

(This space intentionally left blank)

A COPY OF THIS FORM SHALL ACCOMPANY PATIENT WHEN TRANSFERRED OR DISCHARGED					
Physician Orders for Scope of Treatment (POST)			tment (POST)	Patient's Last Nam	е
This is a Physician Order Sheet based on the				First Name/Middle	Initial
completed in	dicates full	treatment for that section	ient"). Any section not . When need occurs, <u>first</u>	i iist Name/widdie	กแล
follow these orders, <u>then</u> contact physician.				Date of Birth	
Section	CARDIOPULMONARY RESUSCITATION (CPR): Patient has no pulse <u>and/or</u> is not breathing.				
A Check One	☐ When n	Resuscitate (CPR)		•	CPR) ( <u>A</u> llow <u>N</u> atural <u>D</u> eath)
Box Only Section			it, follow orders in <b>B, C,</b> and ient has pulse and/ <u>or</u> is br		
В	Con route man	nfort Measures. Treat wit e, positioning, wound care ual treatment of airway ob	h dignity and respect. Keep	o clean, warm, and di eve pain and suffering afort. <b>Do not transfe</b>	g. Use oxygen, suction and r to hospital for life-
Check One Box Only	card vent	Limited Additional Interventions. Includes care described above. Use medical treatment, IV fluids and cardiac monitoring as indicated. Do not use intubation, advanced airway interventions, or mechanical ventilation.  Transfer to hospital if indicated. Avoid intensive care.			
	Full Treatment. Includes care above. Use intubation, advanced airway interventions mechanical ventilation, and cardioversion as indicated. Transfer to hospital if indicated. Include intensive care.				
	Other Instructions:				
Section C	ANTIBIOTICS – Treatment for new medical conditions:				
Check One Box Only	☐ No Antibiotics ☐ Antibiotics Other Instructions:				
Section	MEDICALLY ADMINISTERED FLUIDS & NUTRITION. Oral fluids & nutrition must be offered if medically				
D Check One			asures to assure comfort)	☐ No feeding	tube
Box Only in Each		ulds for a defined trial pe uids long-term if indicate			pe for a defined trial period pe long-term
Column	Other Ins	structions:			
Section E	Discuss  Discuss	ed with: nt/Resident	The Basis for These Ord ☐ Patient's preferences	ers is: (Must be cor	npleted)
	☐ Healtl	n care agent	Patient's best interest (	patient lacks capacit	y or preferences unknown)
Must be		urt-appointed guardian			
Completed		t of minor :(Specify)			
Physician Na		Physician Signature	(Mandatory)	Date	Physician Phone Number
(Print)					
Preferences h	ave been e hange. If y	xpressed to a physician /or ou are unable to make you	ior, or Guardian/Health Ca health care professional. It o r own health care decisions,	an be reviewed and u	ipdated at any time if your flect your preferences as best
Name (print)	ne (print) Signature			Relationship (write	"self" if patient)
Surrogate		Relationship		Phone Number	
Health Care Pre Preparing Form	alth Care Professional Preparer Title eparing Form			Phone Number	Date Prepared

### HIPAA PERMITS DISCLOSURE OF POST TO OTHER HEALTH CARE PROFESSIONALS AS NECESSARY

#### **Directions for Health Care Professionals**

### **Completing POST**

Must be completed by a health care professional based on patient preferences, patient best interest, and medical indications.

POST must be signed by a physician to be valid. Verbal orders are acceptable with follow-up signature by physician in accordance with facility/community policy.

Photocopies/faxes of signed POST forms are legal and valid.

### **Using POST**

Any incomplete section of POST implies full treatment for that section.

No defibrillator (including AEDs) should be used on a person who has chosen "Do Not Attempt Resuscitation".

Oral fluids and nutrition must always be offered if medically feasible.

When comfort cannot be achieved in the current setting, the person, including someone with "Comfort Measures Only", should be transferred to a setting able to provide comfort (e.g., treatment of a hip fracture).

IV medication to enhance comfort may be appropriate for a person who has chosen "Comfort Measures Only".

Treatment of dehydration is a measure which prolongs life. A person who desires IV fluids should indicate "Limited Interventions" or "Full Treatment".

A person with capacity, or the surrogate of a person without capacity, can request alternative treatment.

### Reviewing POST

This POST should be reviewed if:

- (1) The patient is transferred from one care setting or care level to another, or
- (2) There is a substantial change in the patient's health status, or
- (3) The patient's treatment preferences change.

Draw line through sections A through E and write "VOID" in large letters if POST is replaced or becomes invalid.

COPY OF FORM SHALL ACCOMPANY PATIENT WHEN TRANSFERRED OR DISCHARGED.

(2) Advance Care Plan Form

# ADVANCE CARE PLAN

(Tennessee)

Agent: I want the following person to make health care decisions for me. This includes any health care decision I could have made for myself if able, except that my agent must follow my instructions below:  Name:	I,, hereby give these advance instructions on how I want to be treated by my doctors and other health care providers when I can no longer make those treatment decisions myself.				
Alternate Agent: If the person named above is unable or unwilling to make health care decisions for me, I appoint as alternate the following person to make health care decisions for me. This includes any health care decision I could have made for myself if able, except that my agent must follow my instructions below:    Name:					
appoint as alternate the following person to make health care decisions for me. This includes any health care decision I could have made for myself if able, except that my agent must follow my instructions below:  Name:					
My agent is also my personal representative for purposes of federal and state privacy laws, including HIPAA.  When Effective (mark one):   I give my agent permission to make health care decisions for me at any time, even if I have capacity to make decisions for myself.   I do not give such permission (this form applies only when I no longer have capacity).  Quality of Life:   By marking "yes" below, I have indicated conditions I would be willing to live with if given adequate comfort care and pain management. By marking "no" below, I have indicated conditions I would not be willing to live with (that to me would create an unacceptable quality of life).  Permanent Unconscious Condition: I become totally unaware of people or surroundings with little chance of ever waking up from the coma.  Permanent Confusion: I become unable to remember, understand, or make decisions. I do not recognize loved ones or cannot have a clear conversation with them.  Dependent in all Activities of Daily Living: I am no longer able to talk or communicate clearly or move by myself. I depend on others for feeding, bathing, dressing, and walking. Rehabililation or any other restorative treatment will not help.  End-Stage Illnesses: I have an illness that has reached its final stages in spite of full treatment. Examples: Widespread cancer that no longer responds to treatment; chronic and/or damaged heart and lungs, where oxygen is needed most of the time and activities are limited due to the feeling of suffocation.  Treatment: If my quality of life becomes unacceptable to me (as indicated by one or more of the conditions marked "no" above) and my condition is irreversible (that is, it will not improve), I direct that medically appropriate treatment be provided as follows. By marking "yes" below, I have indicated treatment I want. By marking "no" below, I have indicated treatment I do not want.  CPR (Cardiopulmonary Resuscitation): To make the heart beat again and restore breathing after it has stopped. Usually this involves electric shock,	appoint as alter	mate the following person to make health care decisions for me. This includes any health care			
When Effective (mark one):   I give my agent permission to make health care decisions for me at any time, even if I have capacity to make decisions for myself.   I do not give such permission (this form applies only when I no longer have capacity).  Quality of Life:   By marking "yes" below, I have indicated conditions I would be willing to live with if given adequate comfort care and pain management. By marking "no" below, I have indicated conditions I would not be willing to live with (that to me would create an unacceptable quality of life).  Permanent Unconscious Condition: I become totally unaware of people or surroundings with little chance of ever waking up from the coma.  Permanent Confusion: I become unable to remember, understand, or make decisions. I do not recognize loved ones or cannot have a clear conversation with them.  Pependent in all Activities of Daily Living: I am no longer able to talk or communicate clearly or move by myself. I depend on others for feeding, bathing, dressing, and walking. Rehabilitation or any other restorative treatment will not help.  Dependent in all Activities of Daily Living: I am no longer able to talk or communicate clearly or move by myself. I depend on others for feeding, bathing, dressing, and walking. Rehabilitation or any other restorative treatment will not help.  End-Stage Illnesses: I have an illness that has reached its final stages in spite of full treatment. Examples: Widespread cancer that no longer responds to treatment; chronic and/or damaged heart and lungs, where oxygen is needed most of the time and activities are limited due to the feeling of suffocation.  Treatment: If my quality of life becomes unacceptable to me (as indicated by one or more of the conditions marked "no" above) and my condition is irreversible (that is, it will not improve), I direct that medically appropriate treatment be provided as follows. By marking "yes" below, I have indicated treatment I want. By marking "no" below, I have indicated treatment I do not want.  CPR (Cardiop					
Guality of Life: By marking "yes" below, I have indicated conditions I would be willing to live with if given adequate comfort care and pain management. By marking "no" below, I have indicated conditions I would not be willing to live with (that to me would create an unacceptable quality of life).  □ □ □ Permanent Unconsclous Condition: I become totally unaware of people or surroundings with little chance of ever waking up from the coma. □ □ □ Permanent Confusion: I become unable to remember, understand, or make decisions. I do not recognize loved ones or cannot have a clear conversation with them. □ □ □ Dependent in all Activities of Daily Living: I am no longer able to talk or communicate clearly or move by myself. I depend on others for feeding, bathing, dressing, and walking. Rehabilitation or any other restorative treatment will not help. □ □ End-Stage Illnesses: I have an illness that has reached its final stages in spite of full treatment. Examples: Widespread cancer that no longer responds to treatment; chronic and/or damaged heart and lungs, where oxygen is needed most of the time and activities are limited due to the feeling of suffocation.  Treatment: If my quality of life becomes unacceptable to me (as indicated by one or more of the conditions marked "no" above) and my condition is irreversible (that is, it will not improve), I direct that medically appropriate treatment be provided as follows. By marking "yes" below, I have indicated treatment I want. By marking "no" below, I have indicated treatment I do not want.  □ □ □ CPR (Cardiopulmonary Resuscitation): To make the heart beat again and restore breathing assistance. □ □ □ Life Support / Other Artificial Support: Continuous use of breathing machine, IV fluids, medications,	My agent is also	o my personal representative for purposes of federal and state privacy laws, including HIPAA.			
adequate comfort care and pain management. By marking "no" below, I have indicated conditions I would not be willing to live with (that to me would create an unacceptable quality of life).	if I have capaci	ity to make decisions for myself. □ I do not give such permission (this form applies only when I no			
Yes No   Chance of ever waking up from the coma.    □ □ □   Permanent Confusion: I become unable to remember, understand, or make decisions. I do not recognize loved ones or cannot have a clear conversation with them.    □ □ □   Dependent in all Activities of Daily Living: I am no longer able to talk or communicate clearly or move by myself. I depend on others for feeding, bathing, dressing, and walking. Rehabilitation or any other restorative treatment will not help.    □ □ □   End-Stage Illnesses: I have an illness that has reached its final stages in spite of full treatment. Examples: Widespread cancer that no longer responds to treatment; chronic and/or damaged heart and lungs, where oxygen is needed most of the time and activities are limited due to the feeling of suffocation.    Treatment: If my quality of life becomes unacceptable to me (as indicated by one or more of the conditions marked "no" above) and my condition is irreversible (that is, it will not improve), I direct that medically appropriate treatment be provided as follows. By marking "yes" below, I have indicated treatment I want. By marking "no" below, I have indicated treatment I do not want.    □ □ □   CPR (Cardiopulmonary Resuscitation): To make the heart beat again and restore breathing after it has stopped. Usually this involves electric shock, chest compressions, and breathing assistance.    □ □   Life Support / Other Artificial Support: Continuous use of breathing machine, IV fluids, medications,	adequate comfe	ort care and pain management. By marking "no" below, I have indicated conditions I would not be			
Yes No recognize loved ones or cannot have a clear conversation with them.  Dependent in all Activities of Daily Living: I am no longer able to talk or communicate clearly or move by myself. I depend on others for feeding, bathing, dressing, and walking. Rehabilitation or any other restorative treatment will not help.  Dependent in all Activities of Daily Living: I am no longer able to talk or communicate clearly or move by myself. I depend on others for feeding, bathing, dressing, and walking. Rehabilitation or any other restorative treatment will not help.  End-Stage Illnesses: I have an illness that has reached its final stages in spite of full treatment. Examples: Widespread cancer that no longer responds to treatment; chronic and/or damaged heart and lungs, where oxygen is needed most of the time and activities are limited due to the feeling of suffocation.  Treatment: If my quality of life becomes unacceptable to me (as indicated by one or more of the conditions marked "no" above) and my condition is irreversible (that is, it will not improve), I direct that medically appropriate treatment be provided as follows. By marking "yes" below, I have indicated treatment I want. By marking "no" below, I have indicated treatment I do not want.  CPR (Cardiopulmonary Resuscitation): To make the heart beat again and restore breathing after it has stopped. Usually this involves electric shock, chest compressions, and breathing assistance.  Life Support / Other Artificial Support: Continuous use of breathing machine, IV fluids, medications,	1 1	Permanent Unconscious Condition: I become totally unaware of people or surroundings with little chance of ever waking up from the coma.			
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Yes No Examples: Widespread cancer that no longer responds to treatment; chronic and/or damaged heart and lungs, where oxygen is needed most of the time and activities are limited due to the feeling of suffocation.  Treatment: If my quality of life becomes unacceptable to me (as indicated by one or more of the conditions marked "no" above) and my condition is irreversible (that is, it will not improve), I direct that medically appropriate treatment be provided as follows. By marking "yes" below, I have indicated treatment I want. By marking "no" below, I have indicated treatment I do not want.  CPR (Cardiopulmonary Resuscitation): To make the heart beat again and restore breathing after it has stopped. Usually this involves electric shock, chest compressions, and breathing assistance.  Life Support / Other Artificial Support: Continuous use of breathing machine, IV fluids, medications,		<u>Dependent in all Activities of Daily Living</u> : I am no longer able to talk or communicate clearly or move by myself. I depend on others for feeding, bathing, dressing, and walking. Rehabilitation or any other restorative treatment will not help.			
marked "no" above) and my condition is irreversible (that is, it will not improve), I direct that medically appropriate treatment be provided as follows. By marking "yes" below, I have indicated treatment I want. By marking "no" below, I have indicated treatment I do not want.    CPR (Cardiopulmonary Resuscitation): To make the heart beat again and restore breathing after it has stopped. Usually this involves electric shock, chest compressions, and breathing assistance.    Life Support / Other Artificial Support: Continuous use of breathing machine, IV fluids, medications,	I	No Examples: Widespread cancer that no longer responds to treatment; chronic and/or damaged heart and lungs, where oxygen is needed most of the time and activities are limited due to the feeling of			
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Yes No has stopped. Usually this involves electric shock, chest compressions, and breathing assistance.  Life Support / Other Artificial Support: Continuous use of breathing machine, IV fluids, medications,	marked "no" ab treatment be pre	ove) and my condition is irreversible (that is, it will not improve), I direct that medically appropriate ovided as follows. By marking "no"			
	Yes No	has stopped. Usually this involves electric shock, chest compressions, and breathing assistance.			
Yes No and other equipment that helps the lungs, heart, kidneys, and other organs to continue to work.					
Yes No Treatment of New Conditions: Use of surgery, blood transfusions, or antibiotics that will deal with a new condition but will not help the main illness.		Treatment of New Conditions: Use of surgery, blood transfusions, or antibiotics that will deal with a			
Yes No Tube feeding/IV fluids: Use of tubes to deliver food and water to a patient's stomach or use of IV fluids into a vein, which would include artificially delivered nutrition and hydration.	1				

Please sign on page 2

Other instructions, such as burial arrangements, hospice care, etc.:					
(Attach additional pages if necessary)					
Organ donation: Upon my death, I wish to make the following a	natomical gift (mark one):				
Any organ/tissue					
☐ No organ/tissue donation.					
SIGNATUR	<u> </u>				
Your signature must <b>either</b> be witnessed by two competent ad be the person you appointed as your agent or alternate, and at not related to you or entitled to any part of your estate.					
Signature:	Date:				
Witnesses: (Patient)					
I am a competent adult who is not named as the agent. I witnessed the patient's signature on this form.	Signature of witness number 1				
2. I am a competent adult who is not named as the agent. I am not related to the patient by blood, marriage, or					
adoption and I would not be entitled to any portion of the patient's estate upon his or her death under any existing will or codicil or by operation of law. I witnessed the patient's signature on this form.	Signature of witness number 2				
This document may be notarized instead of witnessed:					
STATE OF TENNESSEE COUNTY OF	<u> </u>				
I am a Notary Public in and for the State and County named personally known to me (or proved to me on the basis of satisfa "patient." The patient personally appeared before me and sign his or her own. I declare under penalty of perjury that the patier fraud, or undue influence.	actory evidence) to be the person who signed as the ned above or acknowledged the signature above as				
My commission expires:	O'				
	Signature of Notary Public				

# WHAT TO DO WITH THIS ADVANCE DIRECTIVE

- Provide a copy to your physician(s)
- Keep a copy in your personal files where it is accessible to others
- Tell your closest relatives and friends what is in the document
- Provide a copy to the person(s) you named as your health care agent

### **New Rule**

### Chapter 1200-08-35 Standards for Outpatient Diagnostic Centers

Chapter 1200-08-35 is amended by adding new rule 1200-08-35-.15 Appendix I to read as follows:

(1) Physician Orders for Scope of Treatment (POST) Form

(This space intentionally left blank)

A	COPY OF THIS	FORM SHALL A	ACCOMPANY PATIENT W	HEN TRANSFEI	RRED OR DISCHARGED	
Ph	Physician Orders for Scope of Treatment (POST)  Patient's Last Name				lame	
This is a Physician Order Sheet based on the wishes of the person identified at right ("pa			atient"). Any section not	First Name/Mid	dle Initial	
	ndicates full treatr lese orders, <u>then</u>		ction. When need occurs, n.	Date of Birth		
Section A	CARDIOPULMO	ONARY RESUS	CITATION (CPR): Patient	has no pulse <u>ar</u>	nd/or is not breathing.	
Check One Box		<u>R</u> esuscitate (CPR)		•	NR/ no CPR) ( <u>A</u> llow <u>N</u> atural <u>D</u> eath)	
Only			rest, follow orders in B, C, a			
Section B	MEDICAL INTERVENTIONS. Patient has pulse and/or is breathing.  ☐ Comfort Measures. Treat with dignity and respect. Keep clean, warm, and dry. Use medication by any route, positioning, wound care and other measures to relieve pain and suffering. Use oxygen, suction and manual treatment of airway obstruction as needed for comfort. Do not transfer to hospital for life-sustaining treatment. Transfer only if comfort needs cannot be met in current location.					
Check One Box Only	cardiac mo ventilation.	cardiac monitoring as indicated. Do not use intubation, advanced airway interventions, or mechanical				
	Full Treatment. Includes care above. Use intubation, advanced airway interventions mechanical ventilation, and cardioversion as indicated. Transfer to hospital if indicated. Include intensive care.					
Section	Other Instructions:  ANTIBIOTICS - Treatment for new medical conditions:					
C Check One Box Only	No Antibiotics  Other Instructions:					
Section D	MEDICALLY ADMINISTERED FLUIDS & NUTRITION. Oral fluids & nutrition must be offered if medically					
Check	feasible.  No IV fluids (provide other measures to assure comfort)  No feeding tube					
One Box Only in	☐ IV fluids fo	r a defined trial	period	☐ Feed	ling tube for a defined trial period	
Each Column	Other Instruction	ng-term if indica		— Н <b>гес</b> а	ling tube long-term	
Section E Must be Complete d	Discussed with:  ☐ Patient/Resident ☐ Health care agent ☐ Court-appointed guardian ☐ Health care surrogate ☐ Parent of minor ☐ Other:					
Physician N	(0 1/2)	Physician	l Signature (Mandatory)	Date	Physician Phone Number	
Preferences l	nave been express	sed to a physician i unable to make y	or Guardian/Health Care I n /or health care professional your own health care decisi	l. It can be review	ed and updated at any time if your hould reflect your preferences as best	
Name (print)		Signature		Relationship (write "self" if patient)		
Surrogate		Relationship		Phone Number		
Health Care P Preparing For	re Professional Preparer Title Form			Phone Number	Date Prepared	

### HIPAA PERMITS DISCLOSURE OF POST TO OTHER HEALTH CARE PROFESSIONALS AS NECESSARY

#### **Directions for Health Care Professionals**

### **Completing POST**

Must be completed by a health care professional based on patient preferences, patient best interest, and medical indications.

POST must be signed by a physician to be valid. Verbal orders are acceptable with follow-up signature by physician in accordance with facility/community policy.

Photocopies/faxes of signed POST forms are legal and valid.

#### **Using POST**

Any incomplete section of POST implies full treatment for that section.

No defibrillator (including AEDs) should be used on a person who has chosen "Do Not Attempt Resuscitation".

Oral fluids and nutrition must always be offered if medically feasible.

When comfort cannot be achieved in the current setting, the person, including someone with "Comfort Measures Only", should be transferred to a setting able to provide comfort (e.g., treatment of a hip fracture).

IV medication to enhance comfort may be appropriate for a person who has chosen "Comfort Measures Only".

Treatment of dehydration is a measure which prolongs life. A person who desires IV fluids should indicate "Limited Interventions" or "Full Treatment".

A person with capacity, or the surrogate of a person without capacity, can request alternative treatment.

#### **Reviewing POST**

This POST should be reviewed if:

- (1) The patient is transferred from one care setting or care level to another, or
- (2) There is a substantial change in the patient's health status, or
- (3) The patient's treatment preferences change.

Draw line through sections A through E and write "VOID" in large letters if POST is replaced or becomes invalid.

COPY OF FORM SHALL ACCOMPANY PATIENT WHEN TRANSFERRED OR DISCHARGED.

(2) Advance Care Plan Form

# ADVANCE CARE PLAN

(Tennessee)

I,, hereby give these advance instructions on how I want to be treated by my doctors and other health care providers when I can no longer make those treatment decisions myself.						
Agent: I want the following person to make health care decisions for me. This includes any health care decision I could have made for myself if able, except that my agent must follow my instructions below:						
	me: Phone #: Relation;					
appoint as altern	nt: If the person named above is unable or unwilling to make the following person to make health care decisions for a have made for myself if able, except that my agent must fol	me. This includes any health care				
	Phone #:	Relation:				
My agent is also	o my personal representative for purposes of federal and sta	te privacy laws, including HIPAA.				
	e (mark one): ☐ I give my agent permission to make health of ty to make decisions for myself. ☐ I do not give such permipacity).					
adequate comfo	By marking "yes" below, I have indicated conditions I would ort care and pain management. By marking "no" below, I hath (that to me would create an unacceptable quality of life).					
	Permanent Unconscious Condition: I become totally unaw chance of ever waking up from the coma.	vare of people or surroundings with little				
	Permanent Confusion: I become unable to remember, und recognize loved ones or cannot have a clear conversation wi					
Yes No	Dependent in all Activities of Daily Living: I am no longer able to talk or communicate clearly or move by myself. I depend on others for feeding, bathing, dressing, and walking. Rehabilitation or any other restorative treatment will not help.					
Yes No I	End-Stage Illnesses: I have an illness that has reached its final stages in spite of full treatment.  Examples: Widespread cancer that no longer responds to treatment; chronic and/or damaged heart and lungs, where oxygen is needed most of the time and activities are limited due to the feeling of suffocation.					
marked "no" abo treatment be pro	ny quality of life becomes unacceptable to me (as indicated involve) and my condition is irreversible (that is, it will not improve ovided as follows. By marking "yes" below, I have indicated indicated treatment I do not want.	ve), I direct that medically appropriate				
Yes No	<u>CPR (Cardiopulmonary Resuscitation):</u> To make the hear has stopped. Usually this involves electric shock, chest comp	pressions, and breathing assistance.				
	Life Support / Other Artificial Support: Continuous use of and other equipment that helps the lungs, heart, kidneys, and	breathing machine, IV fluids, medications,				
	Treatment of New Conditions: Use of surgery, blood transfusions, or antibiotics that will deal with a new condition but will not help the main illness.					
	Tube feeding/IV fluids: Use of tubes to deliver food and water to a patient's stomach or use of IV fluids into a vein, which would include artificially delivered nutrition and hydration.					
	100 140 mand a rough trials troube at another and right					

Other instructions, such as burial arrangements, hospice care, etc.:				
(Attach additional pages if necessary)				
Organ donation: Upon my death, I wish to make the following	anatomical gift (mark one):			
Any organ/tissue				
☐ No organ/tissue donation.				
SIGNATUI				
Your signature must <b>either</b> be witnessed by two competent a be the person you appointed as your agent or alternate, and a not related to you or entitled to any part of your estate.	dults <b>or</b> notarized. If witnessed, neither witness may it least one of the witnesses must be someone who is			
Signature:	Date:			
Witnesses: (Patient)				
I am a competent adult who is not named as the agent. I witnessed the patient's signature on this form.	Signature of witness number 1			
2. I am a competent adult who is not named as the agent. I am not related to the patient by blood, marriage, or adoption and I would not be entitled to any portion of the patient's estate upon his or her death under any existing will or codicil or by operation of law. I witnessed the patient's signature on this form.	Signature of witness number 2			
This document may be notarized instead of witnessed:				
STATE OF TENNESSEE COUNTY OF	·			
I am a Notary Public in and for the State and County name personally known to me (or proved to me on the basis of satis "patient." The patient personally appeared before me and significant or her own. I declare under penalty of perjury that the patie fraud, or undue influence.	factory evidence) to be the person who signed as the ned above or acknowledged the signature above as			
My commission expires:	Signature of Notary Public			

# WHAT TO DO WITH THIS ADVANCE DIRECTIVE

- Provide a copy to your physician(s)
- Keep a copy in your personal files where it is accessible to others Tell your closest relatives and friends what is in the document
- Provide a copy to the person(s) you named as your health care agent

I certify that the information included in this filing is an accurate and complete representation of the intent and scope of rulemaking proposed by the agency.

Signature:

Name of Officer: Diona E/Layden

Assistant General Counsel Title of Officer: Department of Health

Subscribed and sworn to before me on:

Notary Public Signature

Department of State Use Only

Filed with the Departifile Hill of State on:

Tre Hargett

Secretary of State